

LiFEsports @ Inside Out (July 12 – July 30)

	Time	Group 1	Group 2	Group 3	Group 4
DAILY SCHEDULE	9:00 – 9:15	Welcome	Welcome	Welcome	Welcome
	9:20 – 10:20	Chalk Talk	Basketball	Soccer	Football
	10:30 – 11:30	Football	Chalk Talk	Basketball	Soccer
	11:40 – 12:10	Lunch	Lunch	Chalk Talk (11:40 – 12:40)	Basketball (11:40 – 12:40)
	12:50 – 1:20	Soccer (12:20 – 1:20)	Football (12:20 – 1:20)	Lunch	Lunch
	1:30 – 2:30	Basketball	Soccer	Football	Chalk Talk
	2:40 – 3:00	Dismissal	Dismissal	Dismissal	Dismissal