



THE OHIO STATE  
UNIVERSITY

**LiFE***sports*<sup>™</sup>  
at The Ohio State University®

# 2024 LiFEsports Camp Orientation



COLUMBUS METROPOLITAN HOUSING AUTHORITY  
COMMUNITY. COMMITMENT. COLLABORATION.

**ADAMH**  
ALCOHOL, DRUG AND MENTAL HEALTH  
BOARD OF FRANKLIN COUNTY



THE CITY OF  
**COLUMBUS**  
RECREATION AND PARKS

**LIF**  
LINDY INFANTE FOUNDATION

# What is LiFEsports?

“Preparing youth for life and leadership through sport.”



**Outreach:** Provide quality sport-based positive youth development (PYD) programming, especially for youth from vulnerable circumstances.



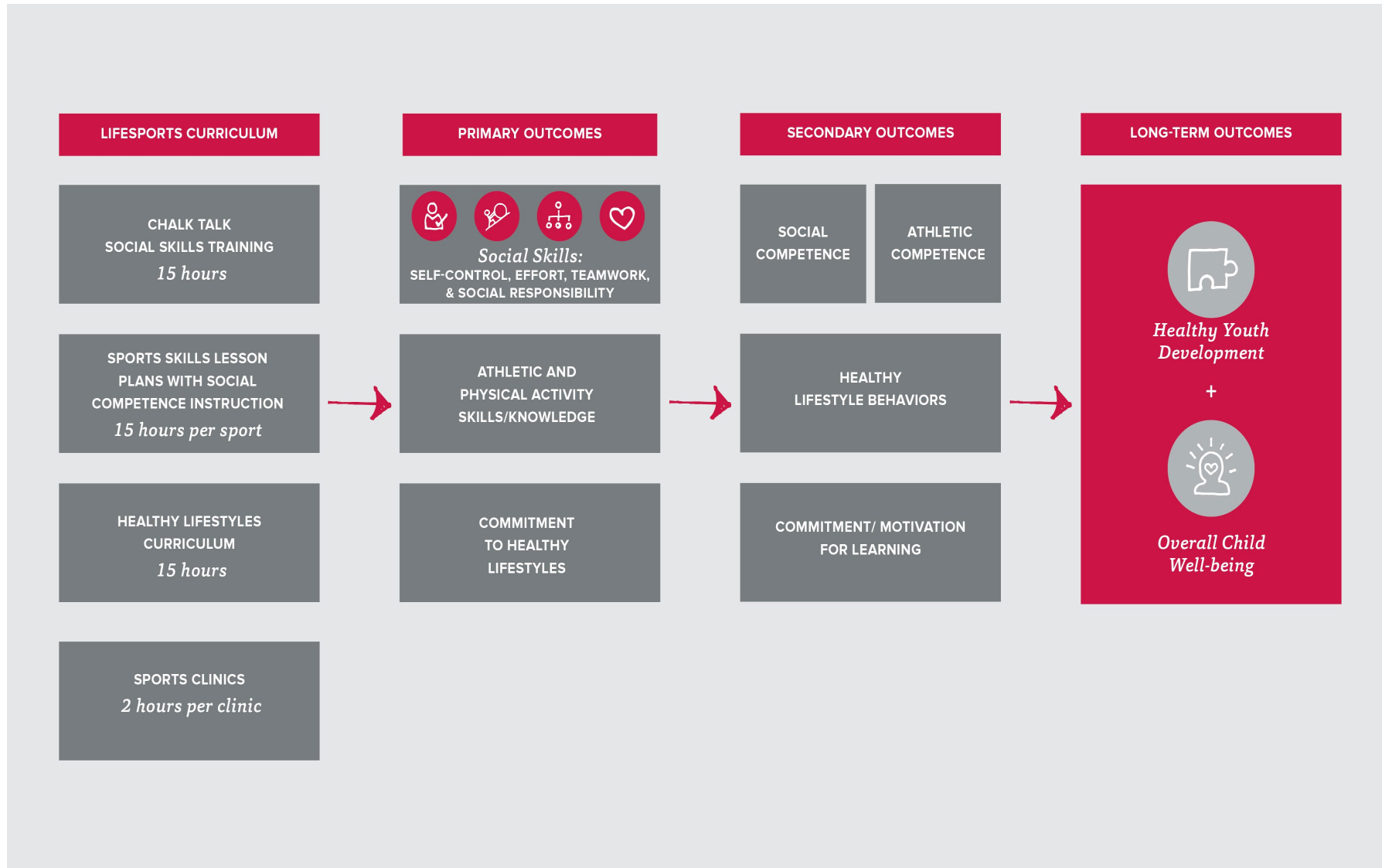
**Teaching & Learning:** Prepare and train tomorrow's sport-based PYD workforce.



**Research:** Research, discover and share best practices in sport-based PYD.

# All About Camp

# What We Teach



# Camp Schedule

- Each day youth play 3 sports, & Chalk Talk
- Each period is 60 minutes in length.
- Youth will receive breakfast, and lunch!

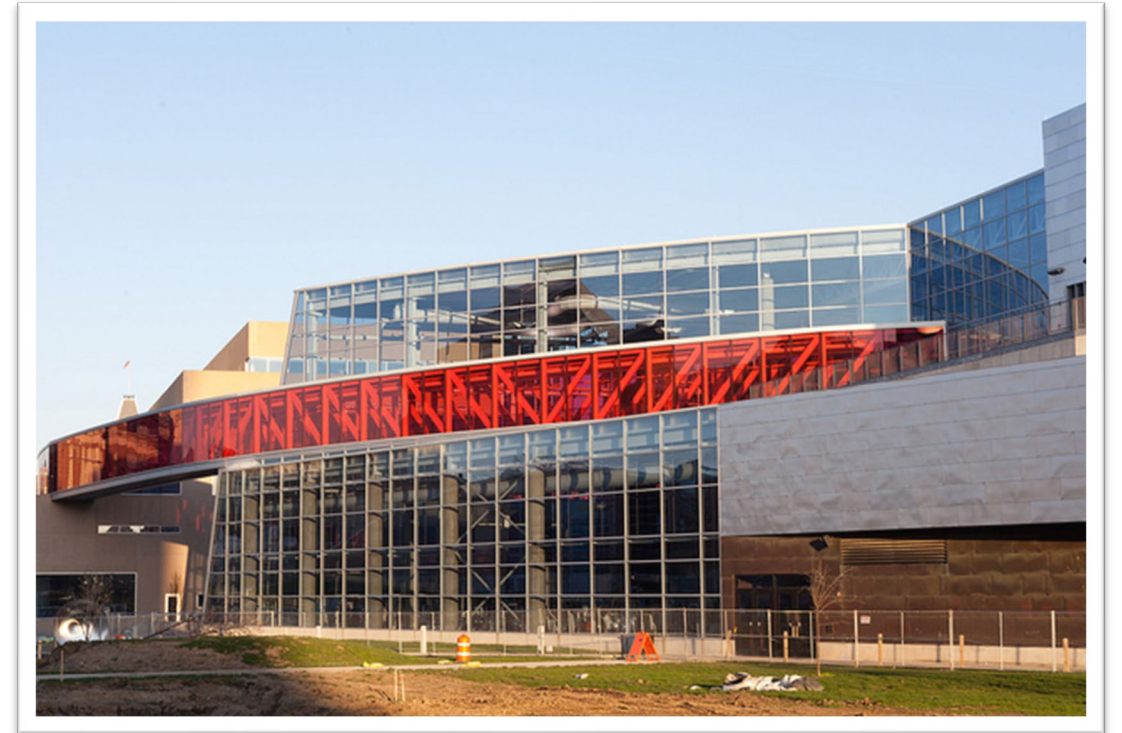
## Key Dates at Camp:

- Tuesday, June 4<sup>th</sup> - First Day of Camp
- **Wednesday, June 19<sup>th</sup>**
- June 27<sup>th</sup> and June 28<sup>th</sup> LiFEsports Games



# Camp Location

- **Drop Off & Pick Up** – OSU Ice Rink (390 Woody Hayes Dr, Columbus, OH 43210)
- **Sports** – Coffey Road Park, Lincoln Tower Fields, and RPAC
- **Lunch** – Morrill Tower
- **Chalk Talk** – Academic Buildings



# Camp Staff

- Each group has an assigned counselor
- Make sure both you and your child know the counselor's name
- Counselors are with your child at all times
- Recreation/Enrichment Leaders teach lessons at each station.
- Our staff is comprised of community members and college students



# Camp Sports

Each youth plays 3 sports each day. Each sport period is 60 minutes long. They will have 5 days of each sport listed below.

- Dance
- Soccer
- Basketball
- Football
- Running
- Lacrosse
- Baseball
- Volleyball
- Swimming
- Health & Fitness





# Camp Activities

## Chalk Talk

Each youth has Chalk Talk period every day at camp.  
Each session is 60 minutes long.

Chalk Talk focuses on teaching the following skills:

- **Self-control**
- **Effort**
- **Teamwork**
- **Social Responsibility**

All of the sports and enrichments activities will reinforce these skills!



# Breakfast & Lunch

- Breakfast will be eaten in the OSU Ice Rink.
- Lunch will be eaten in Morrill Tower.
- Menu
  - Posted on website prior to the start of camp
  - Breakfast is usually a granola bar/breakfast item and a juice
  - Lunch is a traditional school lunch.
- Please make sure allergies are listed on your child's registration form.
- Meals are provided through the USDA Summer Food Service Program.



# Bathroom Breaks

- Youth are offered bathroom breaks between each activity (every 60 minutes).
- We operate similar to a school in that we try to limit bathroom breaks (unless an emergency) during activities/lessons.
- If your youth have any specific bathroom restrictions or concerns, please notify camp.



# Youth Behavior

# Behavioral Expectations at Camp

## The Golden Rules

- **SELF-CONTROL:** Show respect for yourself and others through your word, attitude, and behavior
- **EFFORT:** Give your best effort everyday
- **TEAMWORK:** Remember you are part of a team
- **SOCIAL RESPONSIBILITY:** Give back to your community/Help others Have fun!!

## No Tolerance Behaviors

- Drugs/alcohol use or possession
- Destruction of property (especially in bathroom facilities)
- Stealing
- Possession or use of a weapon
- Pressing the “emergency” buttons on campus (with no emergency)

OSU Police Department will be contacted if any of the above activities occur while participating in LiFEsports programming.



# Rewarding Positive Behavior

- This year, LiFEsports will be giving our “buckeye leaves” for those youth demonstrating the four key skills. (Self-control, effort, teamwork, and social responsibility – SETS)
- If you see your child come home with a buckeye leaf, it means “THEY DID SOMETHING GREAT!!!” Please ask and acknowledge them for their great behavior!
- Additionally, one camper from each group is selected as the “Camper of the Year.” If your child is selected as “Camper of the Year” and attend one clinic, they receive early enrollment in to next year’s camp!!!



# What Happens If My Child is Struggling with Behavior?

In the event that your child has a behavior incident at camp, you will be notified by the Camp Director. The following is a brief overview of the behavioral procedures that will be used by all staff at camp:

- The first step will be verbal warning.
- The second step will be a Written warning to both participant and guardian.
- Third step will be a conference with participant and guardian
- Fourth and final step will be expulsion from Camp
  - The camper will meet with the parent/family liaison, and/or a parent will be asked to participate in resolving the issue.
  - Continual misbehavior may result in a conference (attended by the camp director, parent/family liaison, and counselor) with the parent to decide whether the child will be permitted to continue in the program this summer.

# Camp Policies



# Attendance Expectations

All campers must attend 15 out of the 18 days of camp.

Campers are allowed one unexcused absences. Once a camper has 2 absences, his/her guardian will be contacted to inform them. After 3 absences, the camper will no longer be allowed to participate in the 2024 camp.

*If your child is going to miss a day of camp, please notify us by calling: (614) 514-5942.*

# Bus Policies

- Your child must ride the bus that you selected on their application. They will not be permitted to ride any other bus without written permission.
- ***No staff will be present at the bus stop during drop off or after the bus leaves. You are responsible for your child during this time!***



## Bus Pick-Up:

- Will occur approximately 7:40 – 8:00 a.m. each morning.
- PLEASE have the child at the site by 7:40 a.m.
- PLEASE be extremely patient the first day and plan to wait for the bus.
- You are responsible for your child until the University picks him/her up at the bus stop. By the third day you will have a good idea of what time to expect the bus each morning

## Bus Drop Off:

- Will occur approximately 2:45 – 3:30 p.m. each afternoon.
- PLEASE be extremely patient the first day and plan to wait for the bus.
- Once your child is dropped off, you must take responsibility for your child. The University is not responsible for your child after he/she steps off the bus.

# Drop Off & Pick Up

- Please drop off your child at the OSU Ice Rink (390 Woody Hayes Dr, Columbus, OH 43210) between 8:00 and 8:15 a.m.
- If you drop your child off later than 8:30 a.m., no University personnel will be at the OSU Ice Rink to watch your child.
- Youth will be picked up at the OSU Ice Rink (south side of building Woody Hayes Dr.).
- Please plan to pick up your child between 2:15 and 2:30.



Bus Stops Options	Location
Marion Franklin Rec Center	2801 Lockbourne Rd
Westgate Rec Center	455 S Westgate Ave
Howard Community Ctr	2505 N Cassady Ave
Brentnell Rec Center	1280 Brentnell Ave
Hamilton STEM Academy	2047 Hamilton Ave.
Far East Rec Center	1826 Lattimer Dr
Woodward Park Rec Center	5147 Karl Rd
Barnett Rec Center	1184 Barnett Rd
Linden Community Center	1350 Briarwood Ave
Beatty Community Center	247 N Ohio Ave
Adams Community Center	854 Alton Ave

A group of children are playing soccer on a large, green grassy field. In the foreground, a young boy in a grey t-shirt and shorts is focused on a soccer ball. Behind him, other children in various athletic wear are also engaged in the game. A man in a purple shirt is visible in the background, likely a coach or instructor. The scene is bright and sunny, suggesting a clear day.

# Camp Attire

- Gym Shorts
- T-Shirts
- Athletic Socks
- **Tennis Shoes/Sneakers**
- NO Crocs, Flip Flops, or Sandals!

# Swimming at LiFEsports



All LiFEsports Campers (Groups 1-18) will have the opportunity to swim and are **expected** to swim. If your child does not know how to swim, we will teach them.

**\*\*\*some exceptions for swimming are allowed but must be made known to administration prior to the dates your child is scheduled to swim.**

## What to Bring to Camp for Swimming?

- Swimsuit
- Towel
- Goggles

*Please know when your child is swimming to ensure they have the proper equipment.*

# Electronics at Camp



**THERE SHOULD BE ABSOLUTELY  
NO ELECTRONICS AT CAMP.**

If your camper brings an electronic device to camp and it is lost and/or stolen, Camp staff will not be responsible for its return. Our goal is to ensure your children are safe and supported at camp, not tracking down cell phones or music devices.

# Medical Support at Camp



- LiFEsports' medical support is provided by the OSU Athletic trainers.
- In the event of an injury, you will be contacted by a LiFEsports staff member.
- We will only provide basic first-aid and ice for injuries. For all other injuries, you will be asked to seek further medical advice/treatment.
- If your child needs an EpiPen, please send one to camp for us to use if needed.

**If your child has any special medical needs, please make sure to contact us prior to camp at [lifesports@osu.edu](mailto:lifesports@osu.edu).**

**Join Us to Celebrate Summer**



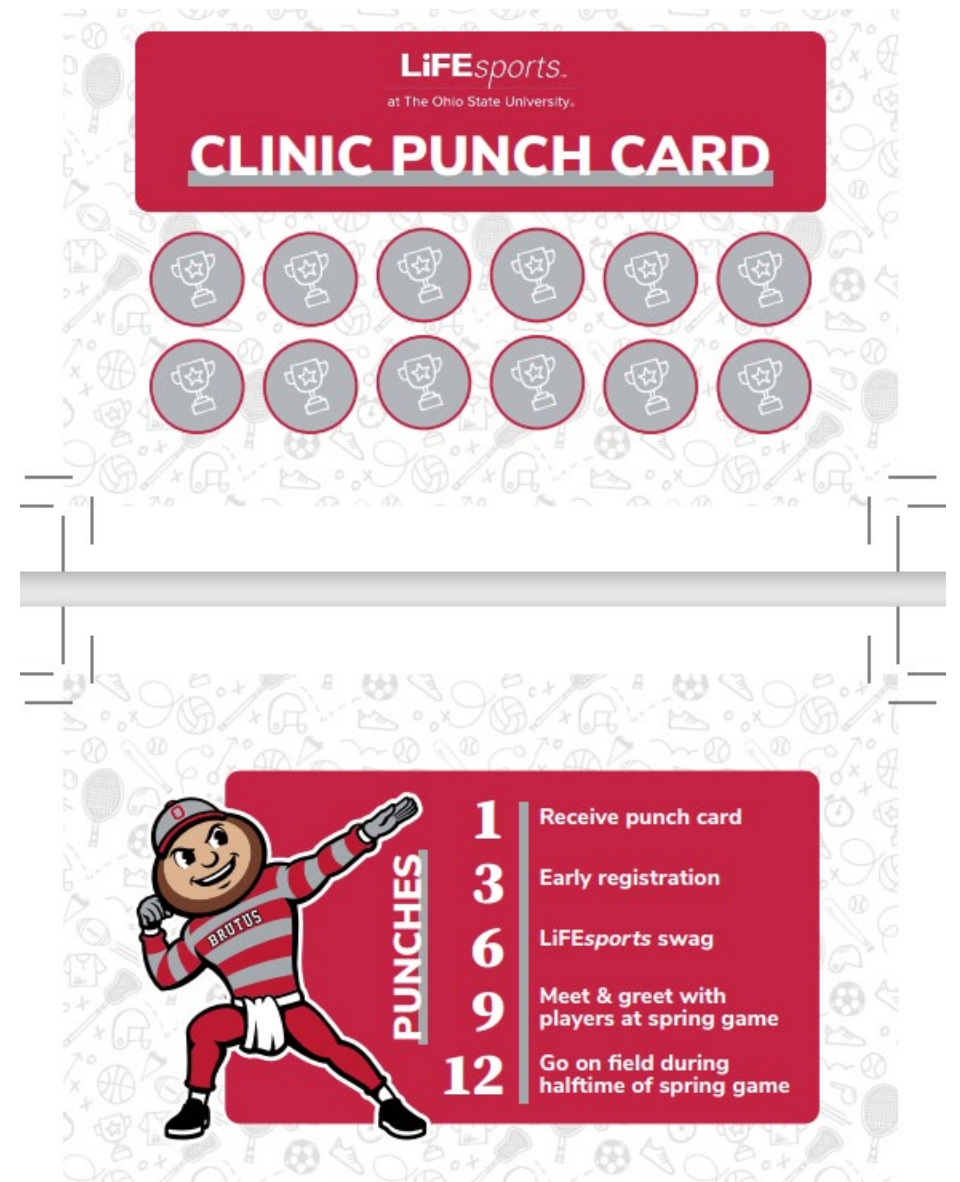
# The LiFEsports Games

- On June 27<sup>th</sup> and June 28<sup>th</sup>, all LiFEsports Campers will be participating in the LiFEsports Games.
- This is a great time to come out and support your child as they get to show all they have learned about self-control, effort, teamwork and social responsibility.
- All of the campers will participate in competitions in:
  - Basketball
  - Dance
  - Football
  - Soccer
  - Chalk Talk
  - Volleyball
  - Running



# 2024-2025 Clinics

- These will be on Wednesday's and Saturday's
- SETS cards:
  - When attend you can earn various awards
  - Early registration (3 clinics and ZERO no shows)
- A way to engage with staff and continue learning SETS



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# Questions?

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