



# Coach Beyond...

## Leadership Inventory

Please circle the best response and calculate your scores to identify your leadership skills and ability to grow as a leader.

### Game Day Leader

How often do you...	Never	Sometimes	Often	Very Often
Model sportspersonship because you know your behaviors represent your school and community	1	2	3	4
Demonstrate respect when speaking to the officials and players on the other team	1	2	3	4
Keep teammates on-task in practice and before, during, and after competitions (i.e., help create routines/norms)	1	2	3	4
Elevate the mindset of the team on game day (i.e., give pre- or post-game talks to team or teammates)	1	2	3	4
Help the team refocus after losing a competition (i.e., see setbacks are opportunities for growth)	1	2	3	4

### Locker Room Leader

**Game Day Leader Total:** \_\_\_\_\_

How often do you...	Never	Sometimes	Often	Very Often
Embody and model your team's values	1	2	3	4
Lead by example with hard work and determination	1	2	3	4
Hold teammates accountable for acting in ways that do not align with the team's values	1	2	3	4
Intervene to make sure the team doesn't develop a blame-based culture	1	2	3	4
Bring teammates together to advocate if things needs to change	1	2	3	4

### Social Leader

**Locker Room Leader Total:** \_\_\_\_\_

How often do you...	Never	Sometimes	Often	Very Often
Encourage two-way mentoring on your team (i.e., not older vs. younger or varsity vs. JV)	1	2	3	4
Move in and out of subgroups to share positive perspectives of other positions or players	1	2	3	4
Promote inclusion of all teammates at events (i.e., push back on excluding others, cliques, and gossip)	1	2	3	4
Ensure the team gets together and bonds outside of sport	1	2	3	4
Make sure all teammates feel they belong no matter their performance on the field	1	2	3	4

**Social Leader Total:** \_\_\_\_\_



# Coach Beyond...

## Leadership Inventory

### Engagement Leader

How often do you...	Never	Sometimes	Often	Very Often
View the bench or sideline as an important position with specific responsibilities	1	2	3	4
Communicate that you value every member of the team, especially those on the bench/sideline	1	2	3	4
Involve yourself in other organizations or aspects of your school to bridge relationships across groups	1	2	3	4
Support other teams in the athletic department	1	2	3	4
Acknowledge the hard work of other students not involved in sport (i.e., band, student council, honor roll, etc.)	1	2	3	4

**Engagement Leader Total:** \_\_\_\_\_

### Brave Leader

How often do you...	Never	Sometimes	Often	Very Often
Contact your coaches, counselors, or the HOPE Squad when you are concerned about a teammates mental health	1	2	3	4
Stand by your teammates when they own up to their mistakes	1	2	3	4
Do the right thing when no one is watching	1	2	3	4
Remain curious instead of critical about the decisions coaches make (i.e., "Coach, I'm curious about...")	1	2	3	4
Advocate for rest when you and your teammates are tired/exhausted	1	2	3	4

**Brave Leader Total:** \_\_\_\_\_

What **three** leadership domains did you have the highest scores?

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

How, if at all, do you think your leadership qualities **positively** impact your team?

---



---



---

What is one leadership domain you want to **improve upon this year**? How will you go about being a better leader in this way? How can your coach help you grow in this domain?

---



---



---



---