

# Building Connections with Your Team

## “I’M A BUCKEYE. YOU’RE A BUCKEYE” ACTIVITY

“I’m a Buckeye, You’re a Buckeye” is a game to find something in common with others on a team or in a group. This, and other team building activities, increases relatedness and belong for athletes that can lead to more enjoyment.

### The Set Up



- The group stands in a large circle
- One person stands in the center of the circle and becomes the “Buckeye”



### The Rules

- The “Buckeye” in the center identifies something true of themselves, and shares with the group by saying, “I’m a Buckeye. You’re a buckeye if...” The person in the center completes the sentence with a true fact about themselves
  - Example: “I’m a Buckeye. You’re a Buckeye if you have two siblings.”
- All players around the circle listen. If the statement is true for the listeners, then they will leave their spaces in the circle.
- As players leave their spaces, each person will need to find a new space that is empty from someone else who has moved. The “Buckeye” in the middle of the circle will also be looking to take an empty space in circle!
- Because of the Buckeye taking a space, there will be one less space in the circle than players moving, like musical chairs. The player who does not find a new space quick enough becomes the new Buckeye, and starts the next round.
- Repeat for any set number or rounds or minutes!